This stuff rocks! Here's what B-LITE was designed to do...



Control Your Hunger

B-Vitamins and other natural ingredients in B-LITE provide the brain nutrition—often missing from our diets—that restores balance to our natural hunger mechanisms.

Energize Your Body

Energy. It's just the one thing we never have enough of anymore, right?
Wrong. B-LITE promotes smooth, feel-good energy that keeps you on track and feeling good about your day.



Enhance Your Mood

The majority of our satisfied customers take B-LITE because of the way it makes them feel. These potent ingredients work faster and more efficiently on your brain and body to elevate your mood.

Boost Your Fat Loss

There are two types of fat. B-LITE promotes a mild thermogenic effect in your body that stimulates brown fat (the good fat) which in turn burns off white adipose tissue (the bad fat). This is what you want.



Nourish Your Brain

B-LITE is packed with a full spectrum B-Vitamin complex, but that's not all. Potassium iodide and several other ingredients give your brain what you are not getting in your daily diet.

Loaded with B-Vitamins

What sets B-LITE apart from other similar supplements is its easily absorbable, powerful and complete B-Vitamin complex.

More bioavailable means you feel it when you need it!



Supplement Facts and Usage Information

Usage Directions:

Take one to two capsules as desired for energy. If you are taking B-LITE for the first time, start with one capsule. This product can have a stronger effect for those that may be caffeine sensitive.

WARNING:

Not intended for use by persons under 18 years of age. Not for use by persons who are pregnant or nursing, caffeine sensitive, or suffer from high blood pressure. If unpleasant effects occur, discontinue use.

Serving size: 1 capsule Servings per containe	Per Serving	%Daily Value
Vitamin B1 (as Thiamine Pyrophosphate)	1.5 mg	1009
Vitamin B2 (as Riboflavin-5-Phosphate)	1.8 mg	110%
Vitamin B3 (as Niacinamide Ascorbate)	20 mg	100%
Vitamin B5 (as D-Calcium Pantothenate)	11 mg	1109
Vitamin B6 (as Pyridoxal-5-Phosphate)	2.2 mg	110%
Vitamin B7 (as Biotin)	330 mcg	1109
Vitamin B9 (as Calcium Folinate)	460 mcg	1159
Vitamin B12 (as Methylcobalamin)	200 mcg	3,333%
Potassium Iodide	1.5mg	1000%
Magnesium (as AAC†)	13mg	39
Proprietary Blend	355 mg	7

Synephrine, Organic Citrus Sinesis, Organic Green Tea, Organic Yerba Mate, Organic Raw Cacao, Organic Black Pepper, Organic Cayenne Pepper

Caffeine 95 mg
Percent Daily Values (%DV) are based on a 2,000 calorie diet.
*Daily Value not established

† - Amino Acid Chelate Complex
Other Ingredients: Organic Rice Concentrate.

Other Ingredients: Organic Rice Concentrate, Vegetable Capsule (Cellulose, Water) (Rev. 17.0228)



REV-BRO170410

*These statements have not been evaluated by the FDA. This product is not meant to diagnose, treat, cure or prevent any disease.

Ready to try B-LITE? Contact:

Save Money. Earn Cash. Become a Brand Fan for FREE.

Ask the person above about our Brand Fan program to save on every order and earn cash by sharing B-LITE with others.





DON'T TAKE OUR WORD FOR IT!

CHECK OUT WHAT A FEW OF OUR CUSTOMERS ARE SAYING ABOUT B-LITE...

Michelle P. Antioch, CA

6

I've always struggled with sugar cravings and B-LITE has helped lower the urge for that 3PM chocolate attack! I also have so much more energy. I love my "Happy Pill"! :)

Suzanne S. Carrolton, TX

66

have been taking B-LITE for 10 days now and my energy levels are really increased. I have dropped a size...and TWO notches on my belt! have never had the type of results I am experiencing with B-LITE.

Jody S. Miami, F

66

Wow! I love my B-LITE! One in the morning with my smoothie and one before my lunch makes my long day fly by without feeling hungry. Helped me make it through the holidays without gaining a pound and that's a first!

MORE ENERGY. LESS CRAVINGS.

Powered by an easily absorbable, complete B-vitamin complex, B-LITE is a synergistic blend of powerful ingredients that help stimulate thermogenesis, burn fat, curb unhealthy cravings, and fuel your day with focus and energy!

ENERGY STARTS WITH THE LETTER

TF B

TRY B-LITE FOR AS LITTLE AS \$19.95

B-LITE is conveniently available in 30ct and 60ct bottles as well as our new 12ct Pop-Tubes (pictured to the left) and our 3ct Try-Me pack samples, which are perfect for travel or letting others try B-LITE.

IT'S TIME TO FEEL GOOD AGAIN

Below are answers to some commonly asked questions about this exciting product...

Wondering if B-LITE is right for you?

Who should use B-LITE?

B-LITE is for adults seeking a simple tool to help them regain control over their eating habits, promote safe, effective fatburning, and enhance their mood and energy all day long.

Is B-LITE safe?

B-LITE is safe, non-toxic and *healthy* for your body and brain. Please read the warning on the back of this brochure. If you are under a doctor's care or on any medications, we encourage you to have your physician clear you to use B-LITE and help monitor your results.

Will B-LITE give me shakes or jitters or make me feel like I want to jump out of my skin?

What makes B-LITE such a unique formula is the nutrients and antioxidants that nourish and repair the adrenal glands and neurotransmitters in our brain that are overstimulated by thermogenesis. This prevents the uncomfortable feelings often associated with energy and thermogenic supplements.

Will B-LITE affect my sleep or keep me up?

B-LITE is formulated as a natural energizer for your body. Each capsule has about the same amount of caffeine as an eight-ounce cup of coffee, plus other potent, easily absorbable nutrients. If you are caffeine sensitive, avoid taking B-LITE too late in the afternoon. Your daily routine will be your best guide.

What is the correct dosage?

If you're trying B-LITE for the first time, take one capsule midmorning or early afternoon on an empty stomach or before a light meal. If you don't feel a significant mood and energy lift after an hour or two, take another capsule. Individuals who experience caffeine sensitivity may find one capsule will last the entire day and shouldn't be taken late in the day. Others may need an additional capsule to reach desired results.

Is B-LITE a diet program or system?

No. But if you are currently involved in a program or routine for weight reduction, B-LITE will increase its effectiveness. Most diets require you to reduce caloric intake and make a conscious decision to eat healthier calories—which can be a daunting task. The craving control of B-LITE is a natural weapon against overeating, emotional hunger and poor food choices.

In addition to B-LITE, what else can I do to help my weight loss efforts?

Good health is not an event—it's a lifestyle. To achieve long-lasting change in your health, better decisions need to become a habit rather than a chore. There's no such thing as a magic bullet for weight loss and there's no replacement for healthier eating habits and exercise. B-LITE helps curb cravings and enhances mood and energy, motivating you to stay on track and reach your goals.

Should I buy the 30ct or 60ct bottle and how long does each last?

Military supplement

The 30ct bottle is a supply intended to last one month and the 60ct bottle is intended to last two months. However, some individuals may desire more than one capsule of B-LITE daily and consume more than 30 capsules per month. If you want to try B-LITE with little investment, try our new 12ct pop-tube and try it out for a week or so.



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